



# SUNRISE CITY CHURCH

## 2025 Bible Reading Plan

The HEAR journaling method promotes reading the Bible with a life-transforming purpose to understand and respond to God's Word. Let's talk more about how to do a HEAR Journal. The acronym HEAR stands for **Highlight, Explain, Apply, and Respond**. Each of these four steps creates an atmosphere to hear God speak. Before reading the Bible, ask God to speak to you and for the Holy Spirit's guidance. Then, open your HEAR Journal, and at the top left-hand, write the letter H. It will remind you to read with purpose. One or two verses will usually stand out and speak to you as you read. Highlight each verse that speaks to you by copying it under the letter "H." Write out the following:

- **The name of the book and passage of Scripture**
- **The chapter and verse numbers that especially speak to you**
- **A title to describe the passage**

This practice will make it easier to find the passage when you revisit it in the future. After highlighting the passage, write "E" under the previous entry. You will now Explain what the text means. With the help of God's Spirit, you can understand the meaning by asking some simple questions.

- **Why was this written and who was it originally written to?**
- **How does it fit with the verses before and after it?**
- **Why did the Holy Spirit include this passage in the book?**
- **What is He intending to communicate through this text?**

You are beginning to discover God's specific and personal word for you, engaging with the text and wrestling with its meaning. After summarizing what you think the text means, write the letter "A" below and write the word Apply. Then, answer the questions to uncover the significance of these verses to you. Challenge yourself to write two to five sentences about how the text applies to your life.

- **How can this help me?**
- **What does this mean today?**
- **What would the application of this verse look like in my life?**
- **What is God saying to me?**

Finally, write the letter "R" for Respond below the first three entries. Your response to the passage may take on many forms. You may write a call to action. You may describe how you will be different because of what God has said through His Word. You may indicate what you will do because of what you have learned. You may respond by writing a prayer to God. Remember that this is your response to what you have just read.

Notice that all the words in the HEAR Journal formula are action words: **Highlight, Explain, Apply, and Respond**. God does not want us to sit back and wait passively. He desires that we actively pursue Him.

## Week of Dec 29

- Genesis 1-2; Psalm 19; Mark 1
- Gen 3-5; Mark 2
- Gen 6-8; Psalm 104; Mark 3
- Gen 9-11; Mark 4
- Gen 12-15; Psalm 148; Mark 5

## Week of Jan 5

- Genesis 16-18; Mark 6
- Gen 19-20; Psalm 1; Mark 7
- Gen 21-23; Psalm 107; Mark 8
- Gen 24-25; Psalm 4; Mark 9
- Gen 26-27; Mark 10

## Week of Jan 12

- Genesis 28-29; Mark 11
- Gen 30-31; Psalm 11; Mark 12
- Gen 32-34; Psalm 145; Mark 13
- Gen 35-37; Psalm 12; Mark 14
- Gen 38-40; Mark 15

## Week of Jan 19

- Genesis 41-42; Mark 16
- Gen 43-44; Psalm 24; Galatians 1
- Gen 45-46; Psalm 108; Gal 2
- Gen 47-48; Psalm 25; Gal 3
- Gen 49-50; Gal 4

## Week of Jan 26

- Exodus 1-3; Gal 5
- Ex 4-6; Gal 6
- Ex 7-9; Psalm 105; Ephesians 1
- Ex 10-12; Eph 2
- Ex 13-15; Psalm 114; Eph 3

## Week of Feb 2

- Exodus 16-18; Eph 4
- Ex 19-21; Psalm 33; Eph 5
- Ex 22-24; Psalm 109; Eph 6
- Ex 25-27; Psalm 90; Philippians 1
- Ex 28-31; Philippians 2

## Week of Feb 9

- Exodus 32-34; Philippians 3
- Exodus 35-37; Psalm 26; Phil 4
- Exodus 38-40; Hebrews 1
- Leviticus 1-3; Psalm 27; Heb 2
- Lev 4-7; Heb 3

## Week of Feb 16

- Leviticus 8-11; Ps 110; Hebrews 4
- Lev 12-14; Psalm 111; Heb 5
- Lev 15-18; Psalm 31; Heb 6
- Lev 19-20; Heb 7
- Lev 21-23; Heb 8

## Week of Feb 23

- Lev 24-25; Psalm 81; Hebrews 9
- Lev 26-27; Psalm 112; Heb 10
- Numbers 1-2; Psalm 64; Heb 11
- Num 3-5; Heb 12
- Num 6-7; Heb 13

## Week of Mar 2

- Numbers 8-11; Colossians 1
- Num 12-14; Psalm 28; Col 2
- Num 15-18; Psalm 113; Col 3
- Num 19-21; Col 4
- Num 22-25; Luke 1

## Week of Mar 9

- Numbers 26-29; Luke 2
- Num 30-33; Psalm 35; Luke 3
- Num 34-36; Luke 4
- Deuteronomy 1-3; Ps 36; Luke 5
- Deut 4-5; Luke 6

## Week of Mar 16

- Deuteronomy 6-9; Luke 7
- Deut 10-14; Psalm 5; Luke 8
- Deut 15-18; Psalm 115; Luke 9
- Deut 19-22; Psalm 6; Luke 10
- Deut 23-26; Luke 11

## Week of Mar 23

- Deut 27-31; Luke 12
- Deut 32-34; Psalm 13; Luke 13
- Joshua 1-4; Psalm 143; Luke 14
- Joshua 5-8; Psalm 14; Luke 15
- Joshua 9-13; Luke 16

## Week of Mar 30

- Joshua 14-17; Luke 17
- Josh 18-21; Psalm 15; Luke 18
- Josh 22-24; Psalm 116; Luke 19
- Judges 1-3; Psalm 16; Luke 20
- Judges 4-6; Luke 21

## Week of Apr 6

- Judges 7-8; Luke 22
- Judges 9-11; Psalm 17; Luke 23
- Judges 12-16; Psalm 146; Luke 24
- Judges 17-18; Psalm 21; Acts 1
- Judges 19-21; Acts 2

## Week of Apr 13

- Ruth 1-2; Acts 3
- Ruth 3-4; Psalm 37; Acts 4
- 1 Samuel 1-2; Psalm 120; Acts 5
- 1 Sam 3-5; Psalm 23; Acts 6
- 1 Sam 6-8; Acts 7

## Week of Apr 20

- 1 Samuel 9-10; Acts 8
- 1 Sam 11-13; Psalm 38; Acts 9
- 1 Sam 14; Psalm 124; Acts 10
- 1 Sam 15-16; 1 Chr 1; Ps 39; Acts 11
- 1 Sam 17; 1 Chr 2; Acts 12

## Week of Apr 27

- 1 Sam 18-19; 1 Chr 3; Ps 59; Acts 13
- 1 Sa 20; 1 Chr 4; Ps 56, 57, 142; Acts 14
- 1 Sam 21-22; 1 Chr 5; Ps 52; Acts 15
- 1 Sam 23-24; 1 Chr 6; Ps 54; Acts 16
- 1 Sam 25; 1 Chr 7; Acts 17

## Week of May 4

- 1 Sam 26-27; 1 Chr 8; Acts 18
- 1 Sam 28-29; 1 Chr 9; Acts 19
- 1 Sam 30-31; 1 Chr 10; Acts 20
- 2 Sam 1-2; 1 Chr 11; Ps 96, 106; Acts 21
- 2 Sam 3-5; 1 Chr 12; Ps 122; Acts 22

## Week of May 11

- 2 Sam 6; 1 Chr 13; Ps 60; Acts 23
- 1 Chron 14-16; Acts 24
- 2 Sam 7-8; 1 Chr 17; Ps 132; Acts 25
- 2 Sam 9-10; 1 Chr 18-19; Ps 89; Acts 26
- 2 Sam 11-12; 1 Chr 20; Ps 51, 32; Acts 27

## Week of May 18

- 2 Samuel 13-14; Acts 28
- 2 Sam 15-17; Psalms 3, 63; Romans 1
- 2 Sam 18-20; Psalm 34; Romans 2
- 2 Sam 21-23; Psalm 18; Romans 3
- 2 Sam 24; 1 Chr 21; Romans 4

## Week of May 25

- 1 Chron 22-25; Psalm 78; Rom 5
- 1 Kings 1; 1 Chr 26-28; Rom 6
- 1 Kings 2; 1 Chr 29; Rom 7
- 1 Kings 3; 2 Chr 1; Ps 42; Rom 8
- 1 Kings 4; Prov 1-2; Ps 43; Rom 9

## Week of Jun 15

- Proverbs 29-31; 1 Thess 4
- Song of Sol 1-3; Ps 72; 1 Thess 5
- Song of Sol 4-6; 2 Thess 1
- Song of Sol 7-8; Ps 127; 2 Thess 2
- 1 Kings 5; 2 Chr 2; 2 Thess 3

## Week of Jul 6

- 1 Kings 12; 2 Chr 10-11; Titus 1
- 1 Kin 13-14; 2 Chr 12; Ps 47; Titus 2
- 1 Kin 15; 2 Chr 13-14; Titus 3
- 2 Chr 15-16; 1 Kin 16; Philemon
- 1 Kin 17-18; Ps 119; Jude

## Week of Jul 27

- Jonah 1-4; Matthew 11
- 2 Kings 13-14; 2 Chr 25; Ps 53; Matt 12
- Amos 1-3; Matt 13
- Amos 4-6; Psalm 55; Matt 14
- Amos 7-9; Matt 15

## Week of Jun 1

- Proverbs 3-5; Romans 10
- Proverbs 6-7; Psalm 7; Rom 11
- Proverbs 8-10; Psalm 144; Rom 12
- Proverbs 11-13; Psalm 8; Rom 13
- Proverbs 14-15; Rom 14

## Week of Jun 22

- 1 Kings 6; 2 Chron 3; 1 Timothy 1
- 1 Kings 7; 2 Chr 4; Ps 44; 1 Tim 2
- 1 Kings 8; Psalm 30; 1 Tim 3
- 2 Chr 5-7; Psalm 121; 1 Tim 4
- 1 Kings 9; 2 Chr 8; 1 Tim 5

## Week of Jul 13

- 1 Kin 19-21; 2 Chr 17; Ps 129; Matt 1
- 1 Kings 22; 2 Chr 18; Matt 2
- 2 Chr 19-20; 2 Kin 1; Ps 20; Matt 3
- 2 Kings 2-3; Ps 48; Matt 4
- 2 Kings 4-6; Matt 5

## Week of Aug 3

- Hosea 1-3; Matthew 16
- Hosea 4-6; Psalm 58; Matt 17
- Hosea 7-10; Matt 18
- Hosea 11-13; Matt 19
- Hosea 14; 2 Chr 26-27; Ps 61; Matt 20

## Week of Jun 8

- Proverbs 16-18; Romans 15
- Proverbs 19-21; Ps 40; Rom 16
- Proverbs 22-23; Ps 117; 1 Thess 1
- Proverbs 24-25; Ps 41; 1 Thess 2
- Proverbs 26-28; 1 Thess 3

## Week of Jun 29

- 1 Kings 10-11; 2 Chr 9; 1 Tim 6
- Ecclesiastes 1-3; Ps 45; 2 Tim 1
- Eccl 4-6; Ps 125; 2 Tim 2
- Eccl 7-9; Ps 46; 2 Tim 3
- Eccl 10-12; 2 Tim 4

## Week of Jul 20

- 2 Kings 7-8; 2 Chr 21; Matt 6
- 2 Kings 9-10; Psalm 49; Matt 7
- 2 Chr 22-23; 2 Kin 11; Ps 131; Matt 8
- 2 Chr 24; 2 Kin 12; Ps 50; Matt 9
- Joel 1-3; Matt 10

## Week of Aug 10

- 2 Kings 15-16; Matthew 21
- Isaiah 1-3; Psalm 9; Matthew 22
- Isaiah 4-6; Matthew 23
- Micah 1-4; Psalm 10; Matthew 24
- Micah 5-7; Matthew 25

## Week of Aug 17

- Isaiah 7-10; Psalm 22; Matt 26
- Isa 11-13; Ps 118; Matt 27
- Isa 14-16; Matt 28
- Isa 17-19; Ps 62; 1 Corinthians 1
- Isa 20-22; 1 Corinthians 2

## Week of Sep 7

- Isaiah 45-48; 1 Corinthians 13
- Isa 49-52; Psalm 69; 1 Cor 14
- Isa 53-55; Psalm 128; 1 Cor 15
- Isa 56-59; Psalm 70; 1 Cor 16
- Isa 60-63; 2 Cor 1

## Week of Sep 28

- Jeremiah 11-13; 2 Cor 12
- Jer 14-16; Psalm 76; 2 Cor 13
- Jer 17-20; James 1
- Jer 22, 23, 26; Psalm 77; James 2
- Jer 25, 35, 36, 45; Ps 133; James 3

## Week of Oct 19

- Ezekiel 1-3; John 1
- Ezekiel 4-6; Psalm 82; John 2
- Ezekiel 7-9; John 3
- Ezekiel 10-12; Psalm 83; John 4
- Ezekiel 13-15; Psalm 136; John 5

## Week of Aug 24

- Isaiah 23-25; 1 Corinthians 3
- Isa 26-29; Psalm 65; 1 Cor 4
- Isa 30-32; 1 Cor 5
- Isa 33-35; 1 Cor 6
- 2 Chr 28; 2 Kings 17; Ps 66; 1 Cor 7

## Week of Sep 14

- Isaiah 64-66; 2 Corinthians 2
- 2 Kings 21; 2 Chr 33; Ps 71; 2 Cor 3
- Nahum 1-3; Psalm 149; 2 Cor 4
- 2 Kings 22-23; Psalm 73; 2 Cor 5
- 2 Chr 34-35; 2 Cor 6

## Week of Oct 5

- Jer 27, 28, 29, 34; James 4
- Jer 37, 38, 39, 40; Psalm 79; James 5
- Jer 30-33; 1 Peter 1
- Jer 38, 39, 52; 1 Pet 2
- 2 Kin 24-25; 2 Chr 36; Ps 126; 1 Pet 3

## Week of Oct 26

- Ezekiel 16-18; John 6
- Ezekiel 19-21; Psalm 84; John 7
- Ezekiel 22-24; Psalm 134; John 8
- Ezekiel 25-27; Psalm 85; John 9
- Ezekiel 28-30; John 10

## Week of Aug 31

- 2 Chr 29-31; 1 Corinthians 8
- 2 Kings 18-19; 2 Chr 32; Ps 67; 1 Cor 9
- Isaiah 36-37; Ps 123; 1 Cor 10
- 2 Kings 20; Isa 38-40; Ps 68; 1 Cor 11
- Isa 41-44; 1 Cor 12

## Week of Sep 21

- Habakkuk 1-3; 2 Corinthians 7
- Zephaniah 1-3; Psalm 74; 2 Cor 8
- Jeremiah 1-4; Psalm 130; 2 Cor 9
- Jer 5-7; Psalm 75; 2 Cor 10
- Jer 8-10; 2 Cor 11

## Week of Oct 12

- Lamentations 1-5; Ps 137; 1 Pet 4
- Obadiah; Jer 40-42; Ps 147; 1 Pet 5
- Jeremiah 43, 44, 46; 2 Peter 1
- Jer 47, 48, 49; Ps 80; 2 Peter 2
- Jer 50-51; 2 Peter 3

## Week of Nov 2

- Ezekiel 31-33; John 11
- Ezekiel 34-36; Psalm 86; John 12
- Ezekiel 37-39; Psalm 87; John 13
- Ezekiel 40-42; John 14
- Ezekiel 43-45; Psalm 135; John 15

## Week of Nov 9

- Ezekiel 46-48; John 16
- Daniel 1-3; Psalm 88; John 17
- Daniel 4-6; John 18
- Daniel 7-9; Psalm 91; John 19
- Daniel 10-12; John 20

## Week of Nov 30

- Esther 7-10; Revelation 3
- Ezra 7-10; Psalm 97;  
Revelation 4
- Nehemiah 1-3; Rev 5
- Neh 4-6; Psalm 98; Rev 6
- Neh 7-9; Psalm 140; Rev 7

## Week of Dec 21

- Job 28-30; Revelation 18
- Job 31-33; Psalm 102;  
Revelation 19
- Job 34-36; Revelation 20
- Job 37-39; Psalm 103;  
Revelation 21
- Job 40-42; Psalm 150;  
Revelation 22

## Week of Nov 16

- Ezra 1-2; John 21
- Ezra 3-4; Psalm 92; 1 John 1
- Haggai; Zechariah 1; Ps 138; 1  
John 2
- Zechariah 2-5; Psalm 93; 1  
John 3
- Zechariah 6-8; 1 John 4

## Week of Dec 7

- Neh 10-13; Rev 8
- Malachi; Psalm 2; Rev 9
- Job 1-3; Psalm 29; Rev 10
- Job 4-7; Psalm 99; Rev 11
- Job 8-11; Rev 12

## Week of Nov 23

- Zechariah 9-11; 1 John 5
- Zechariah 12-14; Psalm 94; 2  
John
- Ezra 5-6; Psalm 95; 3 John
- Esther 1-3; Psalm 139;  
Revelation 1
- Esther 4-6; Revelation 2

## Week of Dec 14

- Job 12-14; Psalm 100;  
Revelation 13
- Job 15-17; Revelation 14
- Job 18-20; Psalm 141;  
Revelation 15
- Job 21-23; Psalm 101; Rev 16
- Job 24-27; Revelation 17